

| Date | | Time | Activity/Event | Time | Activity |
|--------------------|----------------|------|----------------------------|-------------|------------------------|
| Saturday, Dec. 19 | All | 9:00 | Orientation-Rules-Free Ski | 11:00 Lunch | 11:30 Start Evaluation |
| Sunday, Dec. 20 | All | 9:00 | Training | 11:00 Lunch | " Training |
| Saturday, Dec. 26 | J1, J2, J3 | 8:30 | Gs Gate Training | 11:00 Lunch | " |
| Saturday, Dec 26 | J4, J5, J6 | 9:00 | Fundamentals | 11:00 Lunch | " Pole Plants |
| Sunday, Dec. 27 | J1, J2, J3 | 9:00 | GS Race-Seven Springs | | |
| Sunday, Dec. 27 | J4, J5, J6 | 9:00 | Christmas Camp | 11:00 Lunch | Christmas Camp |
| Monday, Dec. 28 | All | 9:00 | Christmas Camp | 11:00 Lunch | Christmas Camp |
| Tuesday, Dec. 29 | All | 9:00 | Christmas Camp | 11:00 Lunch | Christmas Camp |
| Wednesday, Dec. 30 | All | 9:00 | Christmas Camp | 11:00 Lunch | Christmas Camp |
| Thursday, Dec. 31 | All | 9:00 | Christmas Camp | 11:00 Lunch | Christmas Camp |
| Friday, Jan. 1 | All | 9:00 | Training | 11:00 Lunch | Training |
| Saturday, Jan. 2 | All | 9:00 | SL Race-Seven Springs | | |
| Sunday, Jan. 3 | All | 9:00 | Free ski-Fundamentals | 11:00 Lunch | Free Ski |
| Saturday, Jan. 9 | All | 9:00 | Training | 11:00 Lunch | Free Ski |
| Sunday, Jan. 10 | All | 9:00 | Training | 11:00 Lunch | Free Ski |
| Saturday, Jan. 16 | All | 9:00 | GS Race-Seven Springs | | |
| Sunday, Jan. 17 | All | 9:00 | Training | 11:00 Lunch | Free Ski |
| Saturday, Jan. 23 | J1, J2 | 9:00 | SL PA Cup #1-Seven Springs | | |
| Saturday, Jan. 23 | J3, J4, J5, J6 | 9:00 | Training | 11:00 Lunch | Free Ski |
| Sunday, Jan. 24 | J1, J2 | 9:00 | SL PA Cup #2-Seven Springs | | |
| Sunday, Jan. 24 | J3, J4, J5, J6 | 9:00 | Training | 11:00 Lunch | Free Ski |
| Saturday, Jan. 30 | All | 9:00 | GS Race- Seven Springs | | |



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| Sunday, Jan. 31 | All | 9:00 | Training | 11:00 Lunch | Free Ski | |
| Friday, Feb. 5 | J1, J2 | 9:00 | GS PA Cup #3- Blue Mountain | | | |
| Saturday, Feb. 6 | J1, J2 | 9:00 | GS PA Cup #4- Blue Mountain | | | |
| Saturday, Feb. 6 | J3, J4, J5, J6 | 9:00 | Training | 11:00 Lunch | Free Ski | |
| Sunday, Feb 7 | All | 9:00 | SL Race-Seven Springs | | | |
| Sunday, Feb 7 | J1, J2 | 9:00 | SL PA Cup #5-Snow Mountain | | | |
| Friday, Feb. 12 | J3 | 9:00 | J3 Derby- Seven Springs, Super g | | | |
| Saturday, Feb. 13 | J3 | 9:00 | J3 Derby- Seven Springs, SL | | | |
| Saturday, Feb. 13 | All | 9:00 | Training | 11:00 Lunch | Training | |
| Saturday, Feb. 13 | All | 9:00 | Training | 11:00 Lunch | Training | |
| Sunday, Feb. 14 | J3 | 9:00 | J3 Derby- Seven Springs, SL | Lunch | | |
| Sunday, Feb. 14 | J4, J5, J6 | 9:00 | Free ski-Fundamentals | 11:00 Lunch | Training | |
| Friday, Feb. 19 | J1, J2 | 9:00 | GS PA Cup #6- Elk Mountain | | | |
| Saturday, Feb. 20 | J1, J2 | 9:00 | SL PA Cup #7- Elk Mountain | | | |
| Saturday, Feb. 20 | J3, J4, J5, J6 | 9:00 | Training | 11:00 Lunch | Training | |
| Sunday, Feb. 21 | J1, J2 | 9:00 | GS PA Cup #8- Elk Mountain | | | |
| Sunday, Feb. 21 | J3, J4, J5, J6 | 9:00 | Training | 11:00 Lunch | Training | |
| Saturday, Feb. 27 | J4, J5, J6 | 9:00 | J4 Derby- Roundtop, SL | | | |
| Saturday, Feb. 27 | All | 9:00 | Free ski-Fundamentals | | Free Ski | |
| Sunday, Feb. 28 | J4, J5, J6 | 9:00 | J4 Derby- Roundtop, GS | | | |
| Sunday, Feb. 28 | All | 9:00 | Training | | Free Ski | |

Schedule Key:

Blue is Race day!

Red is training for ALL age groups!

Yellow and Red are age-group specific training days.